

Janaury 2020 PreK – 4th Grade LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
6 Professional Day- No Students	7 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	8 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Beefy Tacos, Refried Beans, Mexican Corn, Let/Tom/Cheese Cup, Cinnamon Bread	9 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Grilled Cheese, Chili w/ Beans, Tossed Salad, Pears w/ Fresh Grapes	10 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
13 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	14 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	15 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Apple, Sugar Cookie	16 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Smothered Chicken w/Rice and Gravy, Corn and Lima Beans, Apricots, Wheat Roll	17 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
20 Martin Luther King Holiday	21 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Salisbury Steak w/Gravy, Mashed Potatoes, Sliced Carrots, Mixed Fruit, Wheat Roll	22 CHOICE-Peanut Butter and Jelly Sandwich CHOICE- Ham & Cheese STAFF ONLY- Salads made fresh daily Grilled Chicken Patty on Bun Let/Tom/Pickle cup, Sweet Potato Fries, Applesauce	23 CHOICE- Peanut Butter and Jelly Sandwich CHOICE- Turkey Sandwich STAFF ONLY- Salads made fresh daily Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	24 CHOICE-Peanut Butter and Jelly Sandwich CHOICE- Ham and Cheese Sandwich STAFF ONLY- Salads made fresh daily Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
27 CHOICE-Peanut Butter and Jelly Sandwich CHOICE- Ham and Cheese Sandwich STAFF ONLY- Salads made fresh daily Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	28 CHOICE- Peanut Butter and Jelly Sandwich CHOICE- Turkey Sandwich STAFF ONLY- Salads made fresh daily Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit Cup, Wheat Roll	29 CHOICE- Peanut Butter and Jelly Sandwich CHOICE- Ham and Cheese Sandwich STAFF ONLY- Salads made fresh daily Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	30 CHOICE- Peanut Butter and Jelly Sandwich CHOICE- Turkey Sandwich STAFF ONLY- Salads made fresh daily Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	31 CHOICE- Peanut Butter and Jelly Sandwich CHOICE- Ham and Cheese Sandwich STAFF ONLY-Salads made fresh daily Pastalaya, Salad, Pineapple, Wheat Roll



January 2020 MIDDLE/HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
6 Professional Development Day- No Students	7 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Hamburger Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	8 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Jumbo Hot Dog Beefy Tacos, Refried Beans, Mexican Corn, Let/Tom/Cheese Cups, Cinnamon Break	9 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwich Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	10 Salad Made Fresh Daily w/Ham,Turke or Chicken (Fri. Taco Salad) BAG LUNCH - Meatball Poboy Jambalaya, White Beans, Tossed Salac Fruit, Wheat Roll
13 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	14 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	15 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Fresh Apple Wedges, Sugar Cookie	16 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Smothered Chicken w/Rice and Gravy,Corn and Lima Beans ,Fruit and Roll	17 Salad Made Fresh Daily w/Ham,Turke or Chicken (Fri. Taco Salad) BAG LUNCH - Cheeseburger Chicken Nuggets, Macaroni and Cheese Peas, Pineapple, Wheat Roll
20 Martin Luther King Holiday	21 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Salisbury Steak w/Gravy, Mashed Potatoes, Sliced Carrots, Mixed Fruit, Wheat Roll	22 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Jumbo Hot Dog Grilled Chicken Patty on Bun, Let/Tom/Pickle, Sweet Potato Fries, Applesauce	23 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Hamburger Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	24 Salad Made Fresh Daily w/Ham,Turke or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwicl Chicken and Sausage Gumbo w/ Rice Potato Salad, Fruit Crisp, Crackers
27 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Red Beans and Rice w/ Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	28 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Hamburger Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit, Wheat Roll	29 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hot Dog on Bun, Chili and Cheese, Jalapeno Potato Bites, Fruit, Rice Krispy Treat	30 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Jumbo Hot Dog Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	31 Salad Made Fresh Daily w/Ham,Turke or Chicken (Fri. Taco Salad) BAG LUNCH- Grilled Chicken Sandwic Pastalaya, White Beans, Tossed Salad Pineapple, Wheat Roll