

OCTOBER 2019 PreK - 4th Grade LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit Cup, Wheat Roll	2 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	3 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	4 PARENT/TEACHER CONFERENCES-NO STUDENTS
7 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Spaghetti w/Meatballs or Meat Sauce, Green Beans,Fresh Oranges , Wheat Roll	8 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Beefy Tacos,Refried Beans,Mexican Corn,Let/Tom/Cheese Cup, Cinnamon Bread	9 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	10 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Grilled Cheese, Chili w/ Beans, Tossed Salad, Pears w/ Fresh Grapes	11 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	15 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon Hot Roll	16 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Apple, Sugar Cookie	17 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Smothered Chicken w/Rice and Gravy, Corn and Lima Beans, Apricots, Wheat Roll	18 Early Dismissal - Bag Lunch
21 FALL HOLIDAY	22 Professional Development Day - No Students	23 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Grilled Chicken Patty on Bun, Let/Tom/Pickle Cup, Sweet Potato Fries, Applesauce	24 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	25 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
28 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	29 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit Cup, Wheat Roll	30 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Ham and Cheese Sandwich STAFF ONLY - Salads made fresh daily Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	31 CHOICE - Peanut Butter and Jelly Sandwich CHOICE - Turkey Sandwich STAFF ONLY - Salads made fresh daily Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	



OCTOBER 2019 MIDDLE/HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Chicken Tenders, Loaded Mashed Potatoes, Buttered Carrots, Fruit Cup, Wheat Roll	2 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hot Dog on Bun, Chili and Cheese, Potato Rounds, Fruit, Rice Krispy Treat	3 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	4 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Pastalaya,White Beans, Tossed Salad, Pineapple, Wheat Roll
7 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Cheeseburger Spaghetti w/Meatballs or Meat Sauce, Green Beans, Fresh Oranges, Wheat Roll	8 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Beefy Tacos, Refried Beans,Mexican Corn,Let/Tom/Cheese Cup, Cinnamon Bread	9 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	10 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwich Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	11 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Meatball Poboy Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	15 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	16 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Fresh Apple Wedges, Sugar Cookie	17 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Smothered Chicken w/Rice and Gravy,Corn and Limas,Fruit and Roll	18 Early Dismissal - No Lunch
21 FALL HOLIDAY	22 Professional Development Day-No Students	23 Salad Made Fresh Daily w/Ham, Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Grilled Chicken Patty on Bun, Lettuce/Tomato/Pickes, Sweet Potato Fries, Applesauce	24 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	25 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwich Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	29 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Chicken Tenders, Loaded Mashed Potatoes, Buttered Carrots, Fruit Cup, Wheat Roll	30 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hot Dog on Bun, Chili and Cheese, Potato Rounds, Fruit, Rice Krispy Treat	31 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	