

**SEPTEMBER 2019**  
**PreK – 4<sup>th</sup> Grade LUNCH MENU**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>  LABOR DAY HOLIDAY	<b>3</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich  Chicken Tenders, Mashed Potatoes, Carrots, Mixed Fruit, Roll	<b>4</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich  Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	<b>5</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich  Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Roll	<b>6</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich  Pastalaya, White Beans, Salad, Pineapple, Wheat Roll
<b>9</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Spaghetti w/Meat Sauce or Meatballs, Green Beans, Fresh Orange Wedge, Wheat Roll	<b>10</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich  Beefy Tacos, Refried Beans, Mexican Corn, Let/Tom/Cheese Cup, Cinnamon Bread	<b>11</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	<b>12</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	<b>13</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
<b>16</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	<b>17</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich  Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	<b>18</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Fresh Apple Wedges, Sugar Cookie	<b>19</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Smothered Chicken w/Rice and Gravy, Corn and Limas, Fresh Fruit, Wheat Roll	<b>20</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
<b>23</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	<b>24</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Salisbury Steak w/Gravy, Mashed Potatoes, Sliced Carrots, Mixed Fruit, Roll	<b>25</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Grilled Chicken Patty on Bun, Let/Tom/Pickle Cup/, Sweet Potato Fries, Applesauce	<b>26</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Lasagna, Sweet Peas, Pears, Wheat Garlic Roll	<b>27</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
<b>30</b> CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich  Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread				

## SEPTEMBER 2019 MIDDLE/HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  LABOR DAY HOLIDAY	<b>3</b> SOUP and SALAD BAR BAG LUNCH - Hamburger  Chicken Tenders, Loaded Mashed Potatoes, Buttered Carrots, Fruit Cup, Wheat Roll	<b>4</b> SOUP and SALAD BAR BAG LUNCH - 5 in. Round Pizza  Hot Dog on Bun, Chili and Cheese, Potato Rounds, Fruit, Rice Krispy Treat	<b>5</b> SOUP and SALAD BAR BAG LUNCH - Jumbo Hot Dog  Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	<b>6</b> SOUP and SALAD BAR BAG LUNCH - Grilled Chicken Sandwich  Pastalaya, White Beans, Tossed Salad, Pineapple, Wheat Roll
<b>9</b> SOUP and SALAD BAR BAG LUNCH - Cheeseburger  Spaghetti w/Meatballs or Meat Sauce, Green Beans, Fresh Oranges, Wheat Roll	<b>10</b> SOUP and SALAD BAR BAG LUNCH - Jumbo Hot Dog  Beefy Tacos, Refried Beans, Mexican Corn, Let/Tom/Cheese Cup, Cinnamon Bread	<b>11</b> SOUP and SALAD BAR BAG LUNCH - Hamburger  Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	<b>12</b> SOUP and SALAD BAR BAG LUNCH - Spicy Chicken Sandwich  Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	<b>13</b> SOUP and SALAD BAR BAG LUNCH - Meatball Pobo  Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
<b>16</b> SOUP and SALAD BAR BAG LUNCH - Hamburger  Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	<b>17</b> SOUP and SALAD BAR BAG LUNCH - Breaded Chicken Sandwich  Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	<b>18</b> SOUP and SALAD BAR BAG LUNCH - 5 in. Round Pizza  Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Fresh Apple Wedges, Sugar Cookie	<b>19</b> SOUP and SALAD BAR BAG LUNCH - Grilled Chicken Sandwich  Smothered Chicken w/Rice and Gravy, Corn and Limas, Fruit and Roll	<b>20</b> SOUP and SALAD BAR BAG LUNCH - Cheeseburger  Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
<b>23</b> SOUP and SALAD BAR BAG LUNCH - Grilled Chicken Sandwich  Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	<b>24</b> SOUP and SALAD BAR BAG LUNCH - 5 in. Round Pizza  Salisbury Steak w/Gravy, Mashed Potatoes, Sliced Carrots, Mixed Fruit, Wheat Roll	<b>25</b> SOUP and SALAD BAR BAG LUNCH - Jumbo Hot Dog  Grilled Chicken Patty on Bun, Lettuce/Tomato/Pickles, Sweet Potato Fries, Applesauce	<b>26</b> SOUP and SALAD BAR BAG LUNCH - Hamburger  Lasagna, Green Beans, Pears, Wheat Garlic Roll	<b>27</b> SOUP and SALAD BAR BAG LUNCH - Spicy Chicken Sandwich  Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
<b>30</b> SOUP and SALAD BAR BAG LUNCH - Breaded Chicken Sandwich  Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread				