



May 17, 2019

Dear Parents,

Parkview Baptist School has partnered with Jump Start Your Heart, Inc. (JSYH) to provide FREE cardiovascular screenings for PBS athletes that transitioning from 8th to 9th grade or are new to the High School. JSYH is a non-profit organization that was established in 2008 by local cardiologist, Dr. Steven Kelley, to decrease the incidence of sudden cardiac deaths in student athletes.

The most common cause of death in young competitive athletes is hypertrophic cardiomyopathy (HCM) or an enlarged heart. HCM is found in one out of every five hundred individuals. While the majority of those afflicted will remain symptom free, in periods of intense physical activity, HCM's first manifestation can be cardiac arrest. Fortunately, HCM can be detected through these non-invasive cardiovascular screenings, which will include both an echocardiogram (ultrasound of the heart) and an electrocardiogram (EKG).

These consented cardiovascular screenings will happen in conjunction with athletic physical exams. We will begin heart screenings on Tuesday, May 28 at 4:00 p.m. in the PBS Elementary School building. Although this free screening is not required by LHSAA, it is strongly encouraged. Please complete and return the signed consent form by Wednesday, May 22nd to the high school office or you may bring the signed form with you on the day of. All forms must be completed prior to the screenings.

Sincerely,

A handwritten signature in blue ink that reads 'Darron Mitchell'.

Darron Mitchell
Athletic Director
Parkview Baptist School

A handwritten signature in blue ink that reads 'DKelley'.

Danielle Kelley, APN/Family Nurse
Practitioner
Executive Director
Jump Start You Heart, Inc.



JUMP START YOUR HEART, INC

Screening Evaluation Consent Form

Jump Start Your Heart, Inc (JSYH) is a nonprofit organization that provides FREE cardiovascular screenings to include an electrocardiogram (EKG) and echocardiogram (Echo) for student athletes. Our mission is to decrease the risk of sudden cardiac deaths in our community. The terms are as follows:

- ♥ Echocardiograms are performed by a certified vascular technician and interpreted by a board certified and practicing interventional cardiologist. EKG's are performed by trained medical personnel.
- ♥ JSYH will treat all students equally and with no form of discrimination.
- ♥ JSYH will screen only students who have provided prior written parent or guardian authorization for the non-invasive diagnostic screening procedure.
- ♥ Parkview Baptist School will not be assessed any cost for the services rendered by JSYH.

_____ Yes, I give my consent for my student to have the FREE cardiovascular screenings during the routine exams at school.

_____ No, I do not give consent for FREE cardiovascular screenings at this time.

Parent/Guardian Signature

Date

Student Name

Date

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