



PBS HEART 'N SOUL JUMP ROPE TEAM PROUDLY PRESENTS...

LEARNIN' THE ROPES WORKSHOP

**COME LEARN FROM
WORLD CHAMPION ATHLETES!**

LEARN CREATIVE JUMP ROPE SKILLS
ENHANCE YOUR FOOTWORK
BOOST YOUR STAMINA
...AND HAVE A **BLAST** DOING IT!!!

The workshop is open to anyone first grade and above.

SATURDAY, MARCH 23, 2019

9:00 – 12:00

PBS MIDDLE SCHOOL GYM

COST: \$25 (includes a rope to take home)

ATTIRE: Athletic attire and tennis shoes

SPACE IS LIMITED!

REGISTER TODAY!!

For more info, contact
Coach Ann Couvillion
225-937-3989
heartnsoulcoach@cox.net

RETURN THIS REGISTRATION FORM AND PAYMENT TO:

PBS

ATTN: MRS. MARLINE PRICE

PBS ELEMENTARY OFFICE

Jumper's name _____ **Age** _____

Address _____

City, Zip Code _____

Parent's name _____

Parent's phone _____

E-mail address _____

Emergency contact _____

PARTICIPANT RELEASE AND INDEMNITY AGREEMENT

(Must be signed by parent or guardian if participant is under 18)

I hereby request your acceptance of this application for registration in the Heart 'n Soul Jump Rope Workshop of (Jumper's name)_____. In consideration of your acceptance of this application, I hereby release Learnin' the Ropes, Heart 'n Soul Jump Rope Team, Parkview Baptist School and all persons associated therewith of and from all claims or causes of action arising from injury to the participant, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness, I give my permission for such medical care and will be financially responsible. I also give my permission for photography and/or video to be taken and used in the future for possible promotion of the Team.

Signature _____ Date _____

PAYMENT ENCLOSED: (PAYABLE TO PBS)

\$25.00