

# KINDNESS CHALLENGE

## parent edition



COMPLETE KIND  
ACTS WITH YOUR  
FAMILY



TALK TO YOUR  
CHILD ABOUT  
KINDNESS & GOD'S  
WORD



HELP YOUR CHILD  
COMPLETE THEIR  
KINDNESS  
CHALLENGE

God has chosen you and made you his holy people. He loves you. So always do these things: Show mercy to others: be kind, humble, gentle, and patient.

Colossians 3:12, ICB

\_\_\_ Tell Your Child Three Attributes You Appreciate about Him/Her

\_\_\_ Compliment 5 People

\_\_\_ Leave a Treat or Encouraging Note for the Mail Carrier

\_\_\_ Make a New Friend

\_\_\_ Write a Note of Thanks to Your Child's Teacher

\_\_\_ Do Something Kind for a Community Service Employee

\_\_\_ Spend Time Praying for the PBS Administration with Your Children

\_\_\_ Encourage Your Spouse or Close Friend with Scripture

\_\_\_ Make a Kind Poster with Your Child

\_\_\_ Say "Good Morning" to 10 People

\_\_\_ Do Something Kind for Your Church's Staff Members

\_\_\_ Provide a Prepackaged Snack & Note for PBS Police Officers to Enjoy Throughout the Year (Student Can Turn in to Mrs. Tiffany)

\_\_\_ Make a List of People Who Show You Kindness

\_\_\_ Give Your Child 20 Minutes of "Command-Free" Playtime Every Evening This Week

\_\_\_ Memorize Colossians 3:12