

JANUARY 2019

PreK - 4th Grade LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHRISTMAS HOLIDAY	2 CHRISTMAS HOLIDAY	3 CHRISTMAS HOLIDAY	4 CHRISTMAS HOLIDAY
7 Professional Development Day (No Students)	8 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	9 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Beefy Tacos, Refried Beans, Mexican Corn,Let/Tom/Cheese Cup, Cinnamon Bread	10 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	11 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
14 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	15 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	16 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Fresh Apple Wedges, Sugar Cookie	17 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Smothered Chicken w/Rice and Gravy, Corn and Limas, Fresh Fruit, Wheat Roll	18 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
21 Martin Lutchter King Holiday (No Students)	22 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Salisbury Steak w/Gravy, Mashed Potatoes, Peas, Mixed Fruit, Roll	23 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Grilled Chicken Patty on Bun, Let/Tom/Pickle Cup/, Sweet Potato Fries, Applesauce	24 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	25 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
28 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	29 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Chicken Tenders, Mashed Potatoes, Carrots, Mixed Fruit, Roll	30 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) - Ham and Cheese Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	31 CHOICE (K-4 Only) - Peanut Butter and Jelly Sandwich CHOICE (K-4 Only) -Turkey Sandwich Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Roll	

JANUARY 2019 MIDDLE & HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHRISTMAS HOLIDAY	2 CHRISTMAS HOLIDAY	3 CHRISTMAS HOLIDAY	4 CHRISTMAS HOLIDAY
7 Professional Development Day (No Students)	8 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Philly Steak Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	9 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Beefy Tacos, Refried Beans,Mexican Corn,Let/Tom/Cheese Cup, Cinnamon Bread	10 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwich Grilled Cheese, Chili w/Beans, Salad, Pears, Grapes	11 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Meatball Pobooy Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
14 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Hamburger Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	15 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Philly Steak Sandwich Chicken Fettucine Alfredo, Steamed Broccoli, Fresh Melon, Hot Roll	16 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Hamburger on Bun, Lettuce/Tomato, Pickle, Baked Beans, Fresh Apple Wedges, Sugar Cookie	17 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Smothered Chicken w/Rice and Gravy,Corn and Limas,Fruit and Roll	18 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Cheeseburger Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
21 Martin Lucher King Holiday (No Students)	22 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Salisbury Steak w/Gravy, Mashed Potatoes, Sliced Carrots, Mixed Fruit, Wheat Roll	23 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Grilled Chicken Patty on Bun, Lettuce/Tomato/Pickles, Sweet Potato Fries, Applesauce	24 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Grilled Cheese, Chicken Noodle Soup, Fruit, Congo Bar	25 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Spicy Chicken Sandwich Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
28 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	29 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH – Hamburger Chicken Tenders, Loaded Mashed Potatoes, Buttered Carrots, Fresh Fruit, Wheat Roll	30 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - 5 in. Round Pizza Hot Dog on Bun, Chili and Cheese, Jalapeno Potato Bites, Fruit, Rice Krispy Treat	31 Salad Made Fresh Daily w/Ham,Turkey or Chicken (Fri. Taco Salad) BAG LUNCH - Jumbo Hot Dog Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	