

OCTOBER 2018

PreK – 4th Grade LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 CHOICE (K-4)- Peanut Butter and Jelly Sandwich CHOICE (K-4) - Ham and Cheese Sandwich Spaghetti w/Meatballs or Meat Sauce, Green Beans, Apples, Wheat Garlic Bread	2 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	3 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	4 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Grilled Cheese, Chili w/ Beans, Tossed Salad, Pears w/ Fresh Grapes	5 PARENT/TEACHER CONFERENCES NO STUDENTS
8 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	9 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Smothered Chicken w/Rice and Gravy, Corn and Lima Beans, Apricots, Wheat Roll	10 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Hamburger on Bun, Lettuce/Tomato/Pickles, Baked Beans, Apple, Sugar Cookie	11 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Beef-a-Roni Baked w/Cheese, Green Beans, Vanilla Pudding, Wheat Roll	12 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
15 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Meatball Poboy, Chips, Salad, Chocolate Chip Cookie	16 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Salisbury Steak w/Gravy, Mashed Potatoes, Peas, Mixed Fruit, Wheat Roll	17 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Breaded Chicken Patty on Bun, Lettuce/Tomato/Pickles, Sweet Potato Fries, Applesauce	18 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Lasagna, Green Beans, Pears, Wheat Garlic Roll	19 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
22 CHOICE (K - 4)- Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	23 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit Cup, Wheat Roll	24 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Hot Dog on Bun, Potato Rounds, Fruit, Rice Krispy Treat	25 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Turkey Sandwich Beefy Tacos, Refried Beans, Let/Tom/Cheese Cup, Cinnamon Bread	26 Early Dismissal – Bag Lunch
29 Fall Holiday	30 Professional Development Day - No Students	31 CHOICE (K - 4) - Peanut Butter and Jelly Sandwich CHOICE (K - 4) - Ham and Cheese Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding		

OCTOBER 2018
MIDDLE/HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH – Cheeseburger Spaghetti w/Meatballs or Meat Sauce, Green Beans, Apples, Wheat Garlic Bread	2 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - 5 in. Round Pizza Baked Chicken, Broccoli and Rice Casserole, Mandarin Oranges, Wheat Roll	3 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Philly Steak Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Banana Pudding	4 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Spicy Breaded Chicken Sandwich Grilled Cheese, Chili w/ Beans, Tossed Salad, Pears w/ Fresh Grapes	5 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Meatball Poboy Jambalaya, White Beans, Tossed Salad, Fruit, Wheat Roll
8 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH – Hamburger Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	9 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Philly Steak Sandwich Smothered Chicken w/Rice and Gravy, Corn and Lima Beans, Fruit, Wheat Roll	10 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Hamburger on Bun, Lettuce/Tomato, Pickle, Baked Beans, Fresh Apple Wedges, Sugar Cookie	11 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH – Jumbo Hot Dog Beef-a-Roni, Baked w/ Cheese, Green Beans, Vanilla Pudding, Roll	12 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH – Cheeseburger Chicken Nuggets, Macaroni and Cheese, Peas, Pineapple, Wheat Roll
15 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Hamburger Meatball Poboy, Chips, Salad, Chocolate Chip Cookie	16 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - 5 in. Round Pizza Salisbury Steak w/Gravy, Mashed Potatoes, Peas, Mixed Fruit, Wheat Roll	17 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Jumbo Hot Dog Breaded Chicken Patty on Bun, Lettuce/Tomato/Pickle, Sweet Potato Fries, Applesauce	18 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Grilled Chicken Sandwich Lasagna, Italian Green Beans, Pears, Wheat Garlic Roll	19 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Spicy Breaded Chicken Sandwich Chicken and Sausage Gumbo w/Rice, Potato Salad, Fruit Crisp, Crackers
22 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Breaded Chicken Sandwich Red Beans and Rice w/Sausage, Steamed Cabbage/Green Beans, Peaches, Cornbread	23 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Hamburger Chicken Tenders, Loaded Mashed Potatoes, Carrots, Fruit, Wheat Roll	24 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - 5 in. Round Pizza Hot Dog on Bun, Chili and Cheese, Jalapeno Potato Bites, Fruit, Rice Krispy Treat	25 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH – Jumbo Hot Dog Beefy Tacos, Refried Beans, Mexican Corn, Let/Tom/Cheese Cup, Cinnamon Bread	26 Early Dismissal – No Lunch
29 Fall Holiday	30 Professional Development Day - No Students	31 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Philly Steak Sandwich Pepperoni Pizza, Buttered Corn, Tossed Salad, Fall Cake		