

## SEPTEMBER 2018 PreK – 4<sup>th</sup> Grade LUNCH MENU

| Monday   | Tuesday        | Wednesday   | Thursday   | Friday   |
|--|----------------|---|--|--|
| 3  | 4              | 5   | 6  | 7  |
| LABOR DAY HOLIDAY  | Jelly Sandwich | Jelly Sandwich  |  | CHOICE (K - 4) - Peanut Butter and Jelly<br>Sandwich<br>CHOICE (K - 4) - Ham and Cheese Sandwich<br>Jambalaya, White Beans, Tossed Salad, Fruit,<br>Wheat Roll               |
| 10   | 11             | 12  | 13   | 14   |
| CHOICE (K - 4) - Peanut Butter and<br>Jelly Sandwich<br>CHOICE (K - 4) - Ham and Cheese<br>Sandwich<br>Red Beans and Rice w/Sausage,<br>Steamed Cabbage/Green Beans,<br>Peaches, Cornbread | Jelly Sandwich | Jelly Sandwich  | Jelly Sandwich   | CHOICE (K - 4) - Peanut Butter and Jelly<br>Sandwich<br>CHOICE (K - 4) - Ham and Cheese Sandwich<br>Chicken Nuggets, Macaroni and Cheese,<br>Peas, Pineapple, Wheat Roll     |
| 17   | 18             | 19  | 20   | 21   |
| CHOICE (K - 4) - Peanut Butter and<br>Jelly Sandwich<br>CHOICE (K - 4) - Ham and Cheese<br>Sandwich<br>Meatball Poboy, Chips, Salad,<br>Chocolate Chip Cookie                              | Jelly Sandwich | Jelly Sandwich<br>CHOICE (K - 4) - Ham and Cheese<br>Sandwich | Jelly Sandwich   | CHOICE (K - 4) - Peanut Butter and Jelly<br>Sandwich<br>CHOICE (K - 4) - Ham and Cheese Sandwich<br>Chicken and Sausage Gumbo w/Rice, Potato<br>Salad, Fruit Crisp, Crackers |
| 24   | 25             | 26  | 27   | 28   |
| CHOICE (K - 4)- Peanut Butter and<br>Jelly Sandwich<br>CHOICE (K - 4) - Ham and Cheese<br>Sandwich<br>Red Beans and Rice w/Sausage,<br>Steamed Cabbage/Green Beans,<br>Peaches, Cornbread  | Jelly Sandwich | Jelly Sandwich  | CHOICE (K - 4) - Peanut Butter and<br>Jelly Sandwich<br>CHOICE (K - 4) - Turkey Sandwich<br>Beefy Tacos, Refried Beans,<br>Let/Tom/Cheese Cup, Cinnamon<br>Bread | CHOICE (K - 4) - Peanut Butter and Jelly<br>Sandwich<br>CHOICE (K - 4) - Ham and Cheese Sandwich<br>Pastalaya, Salad, Pineapple, Wheat Roll                                  |



## September 2018 MIDDLE/HIGH SCHOOL LUNCH MENU

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 3<br>LABOR DAY HOLIDAY   | 4 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Spicy Breaded Chicken Sandwich                            | 5 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Philly Steak Sandwich Pepperoni Pizza, Buttered Corn, | 6 Salad Made Fresh Daily w/ Ham, Turkey or Chicken (Fri-Taco Salad) BAG LUNCH - Southwest Chicken Egg Rolls Baked Chicken, Broccoli and Rice | Jambalaya, White Beans, Tossed Salad,   |
| 10   | Grilled Cheese, Chili w/Beans,<br>Salad, Pears, Grapes  | Tossed Salad, Banana Pudding  | Casserole, Mandarin Oranges, Wheat Roll  | Fruit, Wheat Roll   |
| 10   | 11  | 12  | 13   | 14  |
| Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Hamburger<br>Red Beans and Rice w/Sausage, | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Philly Steak Sandwich<br>Smothered Chicken w/Rice and | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Breaded Chicken<br>Sandwich                       | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Jalapeno Cheese Corn<br>Dog                              | Salad Made Fresh Daily w/ Ham, Turkey<br>or Chicken (Fri-Taco Salad)<br>BAG LUNCH – Cheeseburger                      |
| Steamed Cabbage/Green Beans, Peaches, Cornbread  | Gravy, Corn and Lima Beans, Fruit,<br>Wheat Roll  | Hamburger on Bun, Lettuce/Tomato,<br>Pickle, Baked Beans, Fresh Apple<br>Wedges, Sugar Cookie   | Beef-a-Roni, Baked w/ Cheese, Green<br>Beans, Vanilla Pudding, Roll  | Chicken Nuggets, Macaroni and Cheese,<br>Peas, Pineapple, Wheat Roll  |
| 17   | 18  | 19  | 20   | 21  |
| Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Hamburger                                  | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Southwest Chicken<br>Egg Rolls                        | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Jumbo Hot Dog                                     | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Grilled Chicken<br>Sandwich                              | Salad Made Fresh Daily w/ Ham, Turkey<br>or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Spicy Breaded Chicken<br>Sandwich |
| Meatball Poboy, Chips, Salad,<br>Chocolate Chip Cookie   | Salisbury Steak w/Gravy, Mashed<br>Potatoes, Peas, Mixed Fruit, Wheat<br>Roll   | Breaded Chicken Patty on Bun,<br>Lettuce/Tomatio/Pickle, Sweet Potato<br>Fries, Applesauce  | Lasagna, Italian Green Beans, Pears,<br>Wheat Garlic Roll  | Chicken and Sausage Gumbo w/Rice,<br>Potato Salad, Fruit Crisp, Crackers  |
| 24   | 25  | 26  | 27   | 28  |
| Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Breaded Chicken<br>Sandwich                | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Hamburger   | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - 5 in. Round Pizza                                 | Salad Made Fresh Daily w/ Ham,<br>Turkey or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Jalapeno Cheese Corn<br>Dog                              | Salad Made Fresh Daily w/ Ham, Turkey<br>or Chicken (Fri-Taco Salad)<br>BAG LUNCH - Grilled Chicken Sandwich          |
| Red Beans and Rice w/Sausage,<br>Steamed Cabbage/Green Beans,<br>Peaches, Cornbread  | Chicken Tenders, Loaded Mashed<br>Potatoes, Carrots, Fruit, Wheat Roll  | Hot Dog on Bun, Chili and Cheese,<br>Jalapeno Potato Bites, Fruit, Rice<br>Krispy Treat   | Beefy Tacos, Refried Beans, Mexican<br>Corn, Let/Tom/Cheese Cup,<br>Cinnamon Bread   | Pastalaya, White Beans, Tossed Salad,<br>Pineapple, Wheat Roll  |