



CALLING ALL JUMPERS!!!

*****NO EXPERIENCE NECESSARY*****

HEART 'N SOUL JUMP ROPE TEAM is hosting a jump rope clinic on Saturday, October 8, 2016. Your child will have the opportunity to learn from some of our **WORLD CHAMPIONS!!** This clinic is open to anyone second grade and above, both returning jumpers and those who have never jumped before, but would like to find out more about it. We are a performance and competition team, not an alternative to day camp! We will have a brief parents' meeting during the clinic to explain more about what membership in Heart 'n Soul is all about and the opportunities it will provide. As jumpers learn and gain the necessary skills, they will be able to participate in Jump Rope for Heart performances. This past July, four of our elementary jumpers competed in Orlando, FL at the Pan American Championship as novice jumpers. We are very happy to report that ALL four of them received a medal in at least one event! More than that, they had the opportunity to make friends with jumpers from all over the US, as well as from other countries. Come hear about their experiences, as well as all of the many benefits of team membership.

SATURDAY, OCTOBER 8, 2016

9:00 - 12:00

PARENTS' MEETING AT 11:00

PBS NEW GYM

COST: \$20 (will apply toward team fees)

Participants must wear tennis shoes and shorts.

Ropes will be available for sale.

PRE-REGISTER TODAY!!

(Walk-ins welcome, but pre-registering helps us plan.)

For more info contact:

Coach Ann Couvillion

225-937-3989

heartnsoulcoach@cox.net

RETURN THIS CLINIC REGISTRATION FORM AND PAYMENT TO:

**PBS
ATTN: MRS. MARLINE PRICE
PBS ELEMENTARY OFFICE**

Jumper's name _____ **Age** _____

Address _____

City, Zip Code _____

Parent's name _____

Parent's phone _____

E-mail address _____

Emergency contact _____

PARTICIPANT RELEASE AND INDEMNITY AGREEMENT

(Must be signed by parent or guardian if participant is under 18)

I hereby request your acceptance of this application for registration in the Heart 'n Soul Jump Rope Clinic of (Jumper's name)_____. In consideration of your acceptance of this application, I hereby release Heart 'n Soul Jump Rope Team, Parkview Baptist School and all persons associated therewith of and from all claims or causes of action arising from injury to the participant, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness, I give my permission for such medical care and will be financially responsible. I also give my permission for photography and/or video to be taken and used in the future for possible promotion of the Team.

Signature _____ Date _____

PAYMENT ENCLOSED: (PAYABLE TO PBS)

\$20.00