



Parents,

Peak Performance Physical Therapy is excited to offer baseline concussion testing for all Parkview Baptist High School athletes. The baseline concussion testing involves an online assessment of cognitive functioning combined with an assessment of balance in order to give the physician more tools to make a better informed decision when returning athletes back to play following a concussion. Concussions are mild traumatic brain injuries that disturb normal function of the brain. Concussions are induced by direct or indirect forces to the head and are typically associated with normal structural imaging findings meaning that they do not “show up” on x-rays, MRIs or CT scans. Baseline concussion testing gives clinicians greater insight on how the brain is functioning.

Peak Performance Physical Therapy is offering baseline testing to PBS athletes on Tuesday, **June 7th at 2:00 pm** for a charge of \$30.00. Testing will take place in the computer lab located on the 2nd floor of Building “B” at Parkview Baptist Middle School (Stairway inside the entrance of the church). Please call our office at (225) 295- 8183 and speak to Kylie to get your child on the list to be tested. We will notify you via email or by phone which time slot your child will be participating. If your child is unable to complete testing at the school, he or she will be able to complete testing at one of our clinic locations at a later date for a fee of \$40.00.

Athletes will complete an online cognitive test that assesses verbal and visual memory, cognitive speed, and cognitive efficiency. The athlete will also complete a balance test in which postural sway is measured and recorded while the athlete stands on a force plate. The results of this testing will remain confidential and be kept in each individual athlete’s file at our facility. In the event the athlete suffers a suspected concussion during the sport season, the athlete will return to one of our clinics to complete re-testing as ordered by his or her physician. Scores from the post concussive test and the baseline test are then faxed to the physician. The physician then is able to compare the post concussive test scores to the baseline test scores to assist in determining if the brain has healed and if the athlete is safe to return to play. There is no charge for re tests, and baseline testing is valid for each athlete for two years. **Note: If your child completes testing this year, he or she will have baseline scores on file for next year and will not need to complete testing next year.**

To participate in baseline concussion testing, each athlete must have the parental consent form signed by a parent. The consent forms are available to be downloaded at www.peakphysicaltherapy.com. Consent forms are also available in Alan Miller’s office, or they can be picked up at any of our Peak Performance Physical Therapy clinic locations. The athlete should arrive for testing with the parental consent form signed and cash or a check made out to Peak Performance Physical Therapy. Without the parental consent form for testing signed, we will be unable to complete baseline testing with your athlete.

If you have any questions regarding baseline concussion testing, please feel free to contact me by phone at (225) 295- 8183 or email at bwilson@peakphysicaltherapy.com.

Sincerely,

Ben Wilson, PT, DPT



By completing the cognitive and balance concussion testing, I understand that no guarantee or assurance has been made that my child will not suffer a concussion. The testing conducted by Peak Performance Physical Therapy is performed to assist the doctor to make a better informed, safer decision to return my child to competition following a suspected concussion.

I also understand that a Medical Doctor **must** make the final decision and medically clear my child in order for him/her to return to athletic participation following a suspected concussion.

Any information obtained from baseline concussion testing is confidential and can only be accessed by those directly involved in the treatment and management of the individual athlete.

I have read and fully understand this consent form. I understand that I should not sign this form until all of my questions have been explained or answered to my satisfaction.

With my signature, I hereby consent to allow Peak Performance Physical Therapy to conduct baseline concussion testing on my child.

_____	_____	_____	_____
Parent/Guardian Signature	Date	Physical Therapist Signature	Date